The sessions all start promptly at the allocated time, **if you arrive late you will not be allowed to undertake the session** and your manager will need to rebook you on another date.

**Session Time – 07:45-16:00**

**Please mark 1st, 2nd and 3rd choice of date/s**

|  |  |  |  |
| --- | --- | --- | --- |
| 3rd January 2024 (RH) |  | Friday 18 October 2024 BGH |  |
| 26th January 2024 (AH) |  | Friday 8th November 2024 RH |  |
| 16th February 2024 (AH) |  | Wednesday 27th November 2024 AH |  |
| 22nd February 2024 (BGH) |  | Thursday 5th December 2024 RH |  |
| 8th March 2024 (AH) |  | Tuesday 10th December 2024 BGH |  |
| 15th March 2024 (RH) |  | Wednesday 18th December 2024 AH |  |
| 1st May 2024 (AH) **FULL** |  |  |  |
| 17th May 2024 (RH)  **FULL** |  |  |  |
| 10th June 2024 (AH)  **FULL** |  |  |  |
| 21st June 2024 (RH) **FULL** |  |  |  |
| 1st July 2024 (AH) **FULL** |  |  |  |
| 9th July 2024 (RH) **FULL** |  |  |  |
| 5th August 2024 (BGH)  **FULL** |  |  |  |
| 20th August 2024 (AH)  **FULL** |  |  |  |
| Wednesday 11 September 2024 AH |  |  |  |
| Monday 23 September 2024 RH |  |  |  |
| Friday 04 October 2024 AH |  |  |  |
| Wednesday 09 October 2024 RH |  |  |  |

**PLEASE NOTE THAT THESE TABLES MUST BE FILLED IN COMPLETELY BEFORE YOU WILL BE BOOKED ONTO THE COURSE**

|  |  |
| --- | --- |
| Name (As on ESR) |  |
| Email Address |  |
| Band + Job Role |  |
| Ward/Department |  |
| Site |  |
| Managers Name |  |
| Email Address |  |
| Mobile Number |  |
| Preferred Time (If Applicable) |  |